## St. Thomas and St. Timothy Middle School Code of Conduct for Athletes 2023-2024

The student-athlete in at St. Thomas and St. Timothy Middle School shall:

- 1. Start every competition with a team prayer.
- 2. Act in a Christian manner exhibiting good sportsmanship both on and off the court keeping in mind that he/she is an official ambassador of St. Thomas and St. Timothy Middle School.
- 3. Respect opponents, officials, coaches, teammates, and spectators at all times.
- 4. Remember that participation is a privilege not a right.
- 5. Remember that participation in athletic programs is an opportunity to learn and have fun, and not to focus on winning or pleasing other people.
- 6. Welcome opponents when they arrive and congratulate them sincerely at the end of the competition.
- 7. Be a good sport; applaud all good plays regardless of which team made the play.
- 8. Accept both victory and defeat with pride and honor never be boastful or bitter.
- 9. Maintain grades (class work, homework, projects, and tests) giving the best effort in academics and in the life of the school.
- 10. Maintain good behavior in school and at school events (even those not associated with athletic programs).
- 11. Listen to and learn from the coach.
- 12. Work hard to improve skills and help the team.
- 13. Follow all the rules and regulations set by the coach, school, sport/league, and Archdiocese.
- 14. Co-operate with officials, coaches, teammates, and opponents as without them there would be no competition.
- 15. Respect the judgment of the officials. Never argue or show disrespect to the officials or opposing coaches. Only the coaches should ask the officials for a clarification of the rules.
- 16. Attend all practices and competitions. If not able, the athlete or the parent/guardian should notify the coach in advance.
- 17. Respect school property at all venues and refrain from damaging or destroying that property.
- 18. Return all school property including uniforms to the coach in a timely manner and in good condition.

Signature of Student Athlete:	Date:	
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